



Thank you for your interest in American Heart Association BLS/CPR training. We are offering the opportunity for individuals at Shiloh Bible Church to obtain BLS/CPR certification. We will offer the hands-on skills portion of the AHA hybrid HeartCode BLS course. Interested individuals must complete both an on-line component and an in-person, hands-on skills competency evaluation. The steps to receive certification are as follows:

1. **Sign up for and complete the online HeartCode BLS course through the American Heart Association.**
 - Go to <https://shopcpr.heart.org/heartcode-bls> and purchase and complete the online portion of the HeartCode BLS course. The cost of the online course is \$37.00, and you will pay this fee when you register for the online course.
 - Follow directions on the AHA website and complete the online course.
2. **Complete the end-of-course survey and print your certificate.** You must bring the certificate with you to the skills session. I *cannot* complete your skills session without a certificate.
3. Interested individuals should sign-up at the back of the church. This is to help prepare and ensure appropriate materials for the hands-on sessions.
4. Email hgoshert@csiu.org with any questions regarding the online or hands-on skills sessions. Hands-on session will be held May 24th starting at 8am.
5. Interested individuals should sign-up at the back of the church.
6. On the day of the skills session, you will need to bring a **check or money order in the amount of \$10.00, payable to Shiloh Bible Church.** This fee covers costs of the skills session and your eCard (which you will receive via email after successful completion of the course). Your certification is good for 2 years.

Thank you for your interest in becoming CPR certified!
CPR Saves Lives

Heather Goshert
AHA BLS/CPR Instructor

Following the CPR training we will hold a training led by Chris Kashi called "Stop the Bleed". This course will review how to stop bleeding in emergency situations.